

One-On-One Coaching

Whether you are an experienced executive looking for an outside coach or you are a young person looking to stretch yourself into new or challenging areas...

BoldLeaders coaching is so valuable, we guarantee it.

Having a coach is a valuable way to work on yourself in a non-threatening environment that is driven by you! We distinguish the role of a coach as: someone who sees and says things that help a player win *their* game. We distinguish that the role of a player is to participate; to play the game. Our style of coaching is to first and foremost understand what 'game' you want to play. Where do you want to win, achieve or have success? Once we understand what you would like coaching on, we take the time to ask permission to coach you – knowing that this is something to always keep our eye on! From there, we use our Elemental Human Resources and a practice of reach and reciprocity to support you in winning at your game. Reach and reciprocity is simply the idea of stretching yourself into new areas, in a specific way that is measurable, attainable and time-bound. We then talk with you about what worked and what did not work, using current research on human behavior, brain science and our best-practice experiences to suggest a new or adapted 'play' to run next. This constant give and take supports accountability and the building of new habits and levels of performance.

Format

We coach virtually or in-person, using whatever methodology best fits your needs.. We often combine several methodologies to maximize your experience. We will send pertinent readings, questions or reminders between sessions as an additional support for your efforts.

Confidentiality

We will never share about our work with you without your permission. If you are 18 years old or younger, there are mandatory exclusions to confidentiality that we will explain fully.

Cost

Our first session is always free! We use a sliding scale fee structure based on your needs and resources for any that follow. Our baseline fee scale is \$75/hour and includes the between-session give and take described above. At the same time we endorse a "Pay-For-Value" principle that simply allows you to determine your own value for the coaching we provide. If the coaching experience is more valuable than the given session rate, your additional payment will be used to support those who cannot pay. If your coaching experience is not of value to you, just let us know and we will cancel any request for payment. In this way we guarantee our work and allow you to determine the value received, using our baseline as a marker. If you have any questions, please contact us.

Not Sure? Questions? Give us a call

We are committed to you winning at whatever 'game' you are playing. Give us a call to talk about our coaching, ask questions and get to know our style.

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