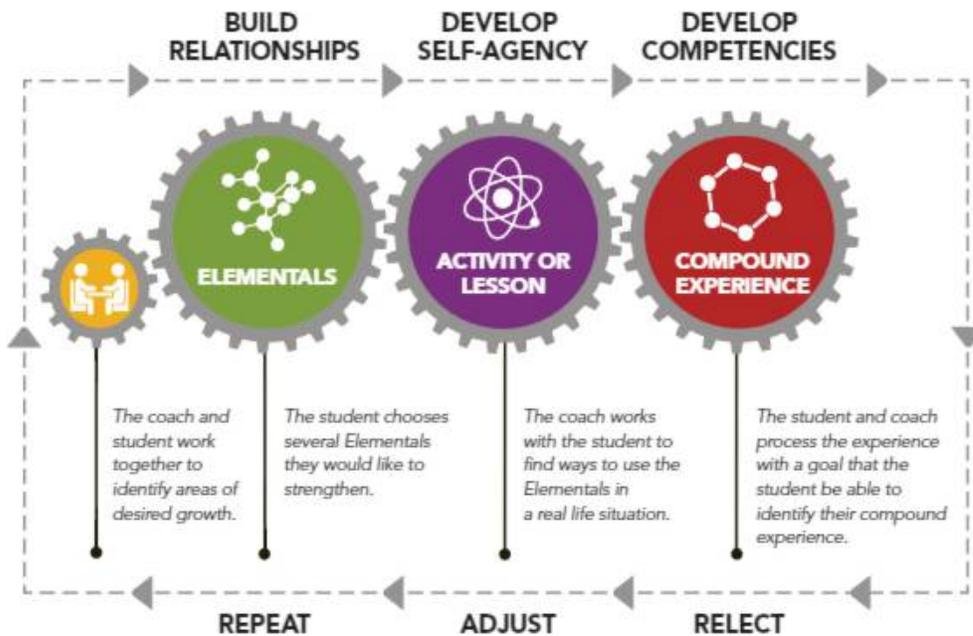


BE BOLD

Thank you for your interest in The Elementals Framework - an accessible pedagogy teachers can follow to use the Elementals: Actions for the Practice of Life cards and guide.

Part of a Framework to promote self-agency in students, the Elementals simultaneously build essential social and emotional skills. We find the Framework - shown below - is a valuable way to re-balance the power dynamic in teacher-student relationships and have used it along with the Elementals cards to do just that in countless educational settings. Doing so helps move the learning environment from "Doing To" to "Doing With" in a profoundly fundamental way. The cards help students (and teachers) identify personally relevant aspects of their self that are unfamiliar, 'thin' or difficult to access and makes it easy to identify ways to practice that particular Elemental in daily life.



The Elementals: Actions for the Practice of Life includes a physical set of cards - seen below - a Companion Guide and worksheet templates.

Use **TENOFFCARDS** at checkout for 10% off!

Go to www.boldleaders.org/the-elementals for information and ordering

THE ELEMENTALS

Actions for the Practice of Life...



BE BOLD

Boldleaders integrates Social and Emotional Learning that builds self-agency, relationships and core competencies.

THE ELEMENTALS™

The importance of incorporating Social and Emotional Learning (SEL) into schools is well known. Yet schools are confronted by dynamic challenges:

- Where can we find the resources for it?
- How do we incorporate it?
- What do we focus on?
- How do we train teachers for it?

BoldLeaders responds to those challenges with **The Elementals™: A Self-Directed Framework for Integrating Social and Emotional Learning**.

The Elementals Framework is:

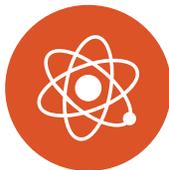
- Easily incorporated into any school day design
- Individualized by students themselves
- Utilizes teachers natural strengths
- Based on best-practiced methodologies

SEQUENCED



Coordinates and connects activities to foster skills development.

ACTIVE



Uses active forms of learning to help build new attitudes.

FOCUSED



Creates self-agency for development of personal and social skills.

EXPLICIT



Targets specific social and emotional learning for improvement.*

BALANCING KNOWLEDGE AND BEING

Throughout the world of education, **knowledge** and **being** regularly become imbalanced as greater importance is placed on acquiring knowledge and less on the development of being—becoming self-aware of who we are as a person. To re-balance this dynamic, the Elementals Framework weaves a rich and interactive growth experience for students into their daily lives (even at home), in a manner that builds the skills, knowledge and attitudes necessary to:

- Develop a keen social awareness
- Build empathy
- Make responsible decisions
- Understand and manage emotions
- Forge relationships

The Elementals Framework includes:

Best Fit Alignment—working with school leaders, we identify the best approach for merging the Elementals Framework into your existing processes so that it complements your pedagogy, rather than be an external add-on.

“Teacher-as-Coach” Training—we provide two hours of in-person instruction in The Elementals to educators, as well as on-going virtual support and follow-up training as needed. An online certificate program is also available for instructional leaders.

Student Practices—specific, active and relevant, the Student Practices build self-agency and ignite students’ motivation for their own self-development.

“ The Elementals have become the basis in our training for leadership, followership, and most importantly, being human.

We have had many conversations about leadership, being our ‘best selves’, core values, etc.

We’ve done exercises to develop personal mission statements. However, we noticed there was a missing link for students to identify and practice these lessons.

The exercises and philosophy of BoldLeaders provided that missing link. ”

Brian Smith, Dean of Students
Steamboat Mountain School

WHAT IS THE TOOL?

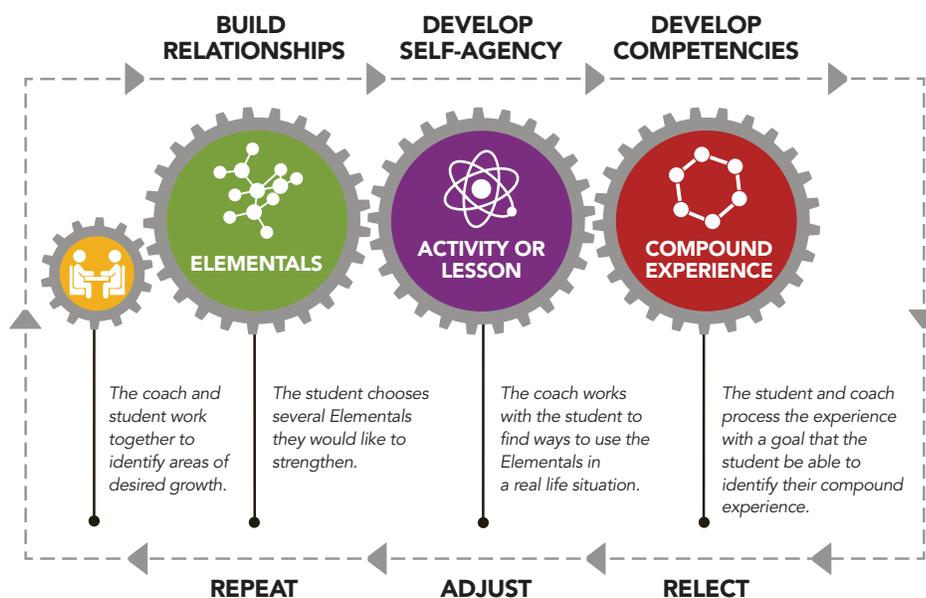
- ✓ Elementals Card Deck (16 Cards with intriguing description & guiding questions)
- ✓ Individual Worksheet for students
- ✓ Companion Guide for Educators with use suggestions, background & more!

THE FRAMEWORK PROCESS

The elegant simplicity of the Framework is based on a profound idea, 20 years in the making, and developed with diverse groups around the world:

- Commonly targeted competencies such as empathy, persistence, creativity, curiosity and leadership are NOT qualities or traits to develop: they are **experiences** students have while they are busy **doing** something else.
- If we focus on what they were **doing** in order to have those experiences, we could identify the **source actions**. Now we can train and develop **those competencies!**

The Framework provides a strong foundation for students to self-identify Elemental Human Resources such as participation, observation, communication and voice that they have become unfamiliar with. These gaps are easily recognized by the student and dramatically shift the conversation into powerful “ah-ha” moments and an inherent desire to build strength in those areas. This is the birthplace of Self-Agency, a critical aspect of the Framework.



THE FRAMEWORK OUTCOMES

Studies have shown that students who experience increased social and emotional competency also experience fewer academic, behavioral and personal issues. School climate is improved overall and there is:

- Higher achievement
- Reduced absenteeism
- Reduced conflict
- More time devoted to schoolwork
- Deeper commitment to school and less disruption*

The Elementals: A Self-Directed Framework for Integrating Social and Emotional Learning aids instructors in causing bold leaders — *students who choose to move beyond the limiting parameters of what is commonly accepted in order to cause valuable perspectives to arise that were not apparent before.*

BE BOLD

We design and deliver innovative programming around the world to schools, communities and the workplace that engages people to creatively solve their most pressing challenges.

In a world hungry for connection, relationships and understanding, BoldLeaders delivers. Please feel free to reach out to us with your inquiry, opportunity, questions, or feedback.

* Source: Durlak, Weissberg et al 2011

“ BoldLeaders does a great job helping teachers become better coaches and providing a structure to blend social and emotional learning into the school day. Even better, their pedagogy has students taking the primary role and really owning it. ”

Diana Solis, former Instructional Coach,
Denver Public Schools

“ Life changing! This experience has made me a more self-aware person, changing my life for good. ”

Aitana Gonzales, 9th grader
Girls Athletic Leadership School



BOLDLEADERS

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